

Premier Press Monthly Newsletter

October 2021
www.premiereastpenn.com

3853 Allen Street
Emmaus, PA 18049



Read Me

Premier participated in the St. Jude's Trike-A-Thon and the children did an amazing job! If anyone would like to make a donation to the St. Jude Children's Hospital, our event will be open until Monday October 4th. Thank you!

Dates to Remember!

- ◆ 10/11- EPSD closed for Columbus Day
- ◆ 10/22- Premier Pink Out
- ◆ 10/29- Premier's Halloween Parade

Infants

The infants made a new friend this month, welcome Josiah! Halle is enjoying playing with friends and Peyton enjoys the swing and the jumperoo! Aiden is having fun sitting up playing with toys while Ava has begun pulling herself up. Walter is also pulling himself up on anything he can and is busy exploring all over the room. Chloe is enjoying her cereal and Silas is walking around the room with help. Hannah is also practicing walking with push toys. They all learned about friends this month and made a footprint/handprint collage. They also focused on apples and sang "Way Up High in the Apple Tree."

Toddlers

Pre-toddlers learned about families and pets this month! They displayed some of their family pictures and talked a lot about what sounds animals make. They also made footprint puppies and handprint crafts to show how much they love their families. Toddlers focused on shapes and colors. They did a lot of puzzle work and matching color activities. They had a dot day and made tape art and school buses. Miss Stacey's class learned about feelings and made a collage of different facial expressions. It was so cute! They did a fun apple tasting activity and put apples in a parachute to pop around!

Preschool

Preschool and PreK are off to a great start! They begin by learning all about their centers and how to appropriately play with the toys in each center. Preschool did a lot of scissor work, they practiced cutting different materials and learned all about scissor safety and concentrated on holding scissors the correct way. They also took time to learn about each other and made self-portraits. PreK made some teal turtles to decorate their classroom and focused on learning their classroom rules and getting to know their friends! They also began having classroom jobs and are doing a great job!

Kindergarten

Kindergarten is underway! They talked about how we are all unique and special, but also the same in many ways in their all about me theme. Kindergarten explored several different Eric Carle books and did many fun themed activities, they learned about apples and welcomed Fall as well as what happens during this season. They began their letter, number and sight words during the week and they started earning pom-poms in a jar for a special surprise for good listening and have almost filled it already!

October Menu

| 10/1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|---|---------------------------------------|---|---|--|
| AM SNACK | | | | | ~Corn chex |
| LUNCH | | | | | Ham and cheese sandwich with veggies and fruit |
| PM SNACK | | | | | ~Cheese sticks |
| 10/4-10/8 | Monday | Tuesday | Wednesday | Thursday | Friday |
| AM SNACK | ~Animal crackers | ~Cheerios | ~Pancakes | ~Cheerios | ~Assorted fruit |
| LUNCH | Bologna and cheese sandwich with veggies and fruit | Beef-a-roni with veggies and fruit | Pancakes & peanut butter with veggies and fruit | Turkey noodle casserole with veggies and fruit ~Graham crackers/Pizza crackers | Hoagies with veggies and fruit ~Saltines |
| PM SNACK | ~Rice cakes | ~Sport crackers | ~Pretzels | | |
| 10/11-10/15 | Monday | Tuesday | Wednesday | Thursday | Friday |
| AM SNACK | ~Strawberry waffles | ~Cheerios | ~Bagel | ~Cheerios | ~Corn chex |
| LUNCH | Turkey and cheese sandwiches with veggies and fruit | Spaghetti with veggies and fruit | Egg patty with mashed potatoes and fruit | Chicken and rice with veggies and fruit | Meat and cheese roll-up with veggies and fruit |
| PM SNACK | ~Chex mix | ~Goldfish | ~Strawberry waffles | ~Cereal mix | ~Saltines |
| 10/18-10/22 | Monday | Tuesday | Wednesday | Thursday | Friday |
| AM SNACK | ~Animal crackers | ~Cheerios | ~Yogurt | ~Cheerios | ~Assorted fruit |
| LUNCH | Cold cut sandwich with veggies and fruit | Mac and cheese with veggies and fruit | Peanut butter and jelly sandwich with veggies and fruit | Cold Italian pasta with veggies and fruit | Pizza sticks with veggies and fruit |
| PM SNACK | ~Ritz crackers | ~Sport crackers | ~Pretzels | ~Rice cakes | ~Cheese sticks |
| 10/25-10/29 | Monday | Tuesday | Wednesday | Thursday | Friday |
| AM SNACK | ~Strawberry waffles | ~Cheerios | ~Cinnamon muffins | ~Cheerios | ~Corn chex |
| LUNCH | Ham and cheese sandwich with veggies and fruit | Ziti with veggies and fruit | Sausage patty and rice with fruit | Tuna mac with veggies and fruit | Grilled cheese with veggies and fruit |
| PM SNACK | ~Chex mix | ~Assorted fruit | ~Goldfish | ~Cereal mix | ~Cheese sticks |

OCTOBER BIRTHDAYS

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|------------|----------|----------|----------|--------------|----------|
| Kathryn A. | 10/9/11 | Trent R. | 10/10/16 | Isaiah G. | 10/11/16 |
| Spencer D. | 10/13/15 | Emma G. | 10/15/19 | Nicolas G-T. | 10/16/15 |
| Cadence T. | 10/24/18 | Wyatt K. | 10/24/11 | Benjamin K. | 10/25/19 |

STAFF BIRTHDAYS

Miss Sheri 10/31